

Volunteers Invited for a Randomized Clinical Trial

Endeavor Health is conducting a research study to better understand the effects of a TNF-antagonist (adalimumab) in people with Benign Prostatic Hyperplasia (enlarged prostate).

You may qualify if you:

- Are male, age 45-80 years
- Are diagnosed with BPH by a physician
- Are undergoing a BPH procedural intervention at Endeavor Health
- Have no prior treatment with a TNF inhibitor
- Are able to read, write, and speak in English
- Are living in the Chicago area, and will be for the next 6 months

You will be asked to do the following:

- Complete questionnaires about your health
- Come to Endeavor Health for in-person clinical visits which will include physical exams, blood sample collection, uroflowmetry MRI of the prostate, and prostate tissue, sample collection, 6 Placebo/Adalimumab injections done under the skin will be administered at week 0, 2, 4, 6, 8, 10

For more information, please contact:

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A description of this clinical trial is available on [ClinicalTrials.gov \[NCT06062875\]](https://clinicaltrials.gov/ct2/show/study/NCT06062875)

Participants will be compensated for their time and participation.

Principal Investigator: Alexander P. Glaser, MD

Urology Research

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